NHS Fife



Clinical Psychology

Adult Learning Disabilities Service



What do Psychologists do?

Psychologists can help you with your feelings.









Feeling worried

Feeling sad

Feeling scared

Feeling angry

Psychologists can also help with



Memory or thinking problems

Working out what you want and need.



Relationship problems

Psychologists can work in different ways



Sometimes we work with you



Sometimes we work with the people who support you



We might only see you one time

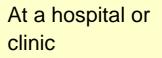




We might see you lots of times

Psychologists work in different places







At your home



At a day centre

If you want to know more, contact us at:



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